

SOUPS & APPS

HOUSE-MADE SOUP OF THE DAY . . . (MARKET PRICE)

EDAMAME (BOILED SOYBEANS, IN THE POD) W/ MEDITERRANEAN SEA SALT . . . 4.95

CRISPY CALAMARI TEMPURA-BATTERED & FRIED W/ A CHILI AIOLI DIPPING SAUCE . . . 6.95

SHRIMP SPRING ROLLS W/ A CILANTRO-CHOPPED PEANUT DIPPING SAUCE . . . 6.95

POTSTICKERS PAN-FRIED CHICKEN & PORK DUMPLINGS W/ A SWEET-CHILI DIPPING SAUCE . . . 6.95

SALADS

ARUGULA SALAD W/ SLICED FUJI APPLES, SWEET-SPICED PECANS, DRIED CHERRIES,
CRUMBLLED BLEU CHEESE & A LIGHT CITRUS VINAIGRETTE . . . 8.95

CAESAR SALAD W/ ROMAINE LETTUCE, GRANA PADANO,
CHILI-GARLIC CROUTONS & A HOUSE-MADE CAESAR DRESSING . . . 7.95

TEGA HILLS SALAD . . . 6.95

LOCALLY-GROWN MIXED BABY GREENS, GRAPE TOMATOES, SLICED CUCUMBERS & CARROTS

(CHOOSE ONE) OF OUR HOUSE-MADE DRESSINGS:

RANCH, CAESAR, BLEU-CHEESE, PONZU-JALAPENO OR A LIGHT CITRUS VINAIGRETTE

(ADD TO YOUR SALAD):

CHICKEN . . . 2.95

SHRIMP (6 PCS.) . . . 4.95

SALMON . . . 4.95

JUMBO LUMP CRAB CAKE . . . 7.95

FLATBREADS

LOTUS FLATBREAD

FRESH MOZZARELLA, OVEN-ROASTED TOMATOES & FRESH BASIL . . . 7.50

CHICKEN PESTO FLATBREAD

ROASTED CHICKEN, BASIL PESTO, CRUMBLLED GOAT CHEESE & OVEN-DRIED TOMATOES . . . 8.50

WHITE CHEESE FLATBREAD

PARMESAN, RICOTTA, MASCARPONE, APPLEWOOD-SMOKED BACON,
SLICED VIDALIA ONIONS & FRESH HERBS . . . 8.50

(ADD PEPPERONI) TO ANY PIZZA . . . 1.00

TRIO OF VEGETARIAN SPREADS

(CHICKPEA HUMMUS, ROASTED RED PEPPER, ROASTED GARLIC & HERB)
W/ FRESH BAKED FLATBREAD CRISPS . . . 7.95 EXTRA FLATBREAD . . . 2.95

18% GRATUITY ADDED TO PARTIES OF SIX OR MORE

PANINI

CHICKEN BISTRO (INCLUDES FRENCH FRIES) . . . 8.50

MARINATED-GRILLED CHICKEN BREAST W/ APPLEWOOD-SMOKED BACON, CHEDDAR, TOMATOES & A CHILI MAYO

LOTUS PANINI (INCLUDES FRENCH FRIES) . . . 8.50

MAPLE-GLAZED TURKEY, BLACK FOREST HAM, FUJI APPLES, BRIE & HONEY-DIJON MUSTARD

HOT MAMA (INCLUDES FRENCH FRIES) . . . 8.50

MAPLE-GLAZED TURKEY, BACON, HAVARTI CHEESE, SAUTÉED (SPINACH, RED ONIONS, BELL PEPPERS) & MAYO

BLT W/ AVOCADO (INCLUDES FRENCH FRIES) . . . 7.50

APPLEWOOD-SMOKED BACON, LETTUCE, TOMATO, AVOCADO & DUKE'S MAYO, ON GRILLED TOAST

~ **MIX & MATCH (ANY OF THE ABOVE) FOR ONLY 8.50** ~

(1/2 SALAD: LOTUS HOUSE SALAD + YOUR CHOICE OF HOUSE-MADE DRESSING: RANCH, CAESAR, BLEU-CHEESE, PONZU-JALAPENO, OR A LIGHT CITRUS VINAIGRETTE) / ADD \$3 TO SUBSTITUTE 1/2 ARUGULA SALAD)

CUP OF SOUP & 1/2 SANDWICH	1/2 SANDWICH & 1/2 SALAD	1/2 SALAD & CUP OF SOUP
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BURGERS & WRAPS

CALIFORNIA WRAP (INCLUDES POTATO CHIPS) . . . 8.50

TURKEY, HAVARTI CHEESE, AVOCADO, LETTUCE & SUN-DRIED TOMATO PESTO, IN A SPINACH WRAP

CHICKEN SALAD WRAP (INCLUDES POTATO CHIPS) . . . 7.95

WITH LETTUCE & TOMATO, IN A WHOLE WHEAT WRAP

SOFT-SHELL CRAB SANDWICH (INCLUDES POTATO CHIPS) . . . 8.95

TEMPURA-BATTERED & FRIED W/ LETTUCE, TOMATOES, THIN-SLICED CUCUMBERS & A HOUSE-MADE REMOULADE

THE HEALTH-NUT BURGER (INCLUDES FRENCH FRIES) . . . 8.95

HOUSE-MADE VEGETARIAN HEMP NUT* BURGER, SERVED W/ LETTUCE, TOMATOES & VIDALIA ONIONS. TOPPED W/ A MIXED VEGETABLE SALAD & A LIGHT APPLE-CURRY DRESSING (ADD CHEDDAR CHEESE . . . 50¢)

*(Hempnuts contain all the essential amino acids and essential fatty acids necessary to maintain healthy human life.)

BBQ PULLED-PORK SANDWICH (INCLUDES FRENCH FRIES) . . . 7.95

RUBBED & SMOKED FOR 10 HRS., W/ OUR HOUSEMADE BBQ SAUCE ON A KAISER BUN

1/2 LB. KOBE BURGER (INCLUDES FRENCH FRIES) . . . 9.95

8 OZ. KOBE BURGER W/ SWISS CHEESE, CARAMELIZED ONIONS, SAUTÉED MUSHROOMS & GARLIC-HERB AIOLI (ADD APPLEWOOD-SMOKED BACON . . . 1.50)

ENTREES

JUMBO LUMP CRAB CAKE . . . 10.95

PAN-SEARED W/ MARINATED GRAPE TOMATOES, LOCALLY-GROWN MIXED GREENS & A SAKE-BUTTER SAUCE

GRILLED SCOTTISH SALMON . . . 10.95

OVER TENDER LEEKS & POTATOES W/ GRILLED ASPARAGUS, MARINATED TOMATOES & A LEMON-DILL CREAM

SHRIMP 'N GRITS . . . 10.95

SAUTÉED JUMBO SHRIMP W/ LINDLEY MILLS ORGANIC WHITE CHEDDAR GRITS & BABY BOK CHOY

PASTA ALFREDO W/ CHICKEN . . . 9.95

TOSSED W/ FRESH HERBS, SAUTÉED SPINACH & A PARMESAN-CREAM SAUCE



DESSERTS

WARM MOLTEN CHOCOLATE CAKE . . . 7.95
W/ RASPBERRY & MANGO COULIS
& VANILLA BEAN ICE CREAM

BELGIAN CHOCOLATE PECAN PIE . . . 6.95
W/ MOCHA-CHOCOLATE SAUCE
& VANILLA BEAN ICE CREAM

CAPPUCCINO CHEESECAKE . . . 7.95
W/ AN OREO COOKIE CRUST, CARAMEL SAUCE
& FRANGELICO WHIPPED CREAM

WARM APPLE BREAD PUDDING . . . 5.95
W/ VANILLA BEAN ICE CREAM
& BUTTERSCOTCH SAUCE

GRAND MARNIER CRÈME BRULÉE . . . 5.95
W/ PINEAPPLE COMPOTE

FRUIT SORBET* W/ FRESH BERRIES . . . 6.95
(*ASK YOUR SERVER ABOUT OUR SEASONAL SELECTION)

WHITE CHOCOLATE NAPOLEON . . . 6.95
W/ ITALIAN MASCARPONE MOUSSE & FRESH BERRIES



BEVERAGES

ICED TEA . . . \$ 1.50

FIJI NATURAL ARTESIAN WATER (500ML) . . . \$ 2.50

LURISIA SPARKLING MINERAL WATER (500ML) . . . \$ 2.50

SODA . . . \$ 1.75
(COKE, DIET COKE, SPRITE, DR. PEPPER, FANTA ORANGE, GINGER ALE)

COFFEE . . . \$ 2
(COUNTERCULTURE ORGANIC SINGLE-ESTATE, REGULAR & DECAF)

HOT TEA . . . \$ 2
(CHOOSE FROM A SELECTION OF TAZO'S CAFFEINATED & DECAF. TEAS)